



# Joint Readiness Training Center & Fort Polk Home of Heroes



## COMMUNITY INFORMATION FAIR



# ARMY COMMUNITY SERVICE



- **Army Family Team Building (AFTB) Level G** 11-13 Feb  
**Army Family Team Building (AFTB) Level L** 11-13 Mar  
**FRC, 0830-1430 (POC: 531-9421)**
- **Date Night “Love Always and Forever”** 14 Feb  
**ACSC, 1800-2200 (POC: 531-1938)**
- **10 Steps to a Federal Job Workshop** 18-20 Feb  
**FRC, 1300-1600 (POC: 531-6922)** 4-6 Mar  
8-10 Apr
- **Family Member Resiliency Training** 25-27 Feb  
**ACSC, 0830-1500 (POC: 531-1941/0772)** 15-17 Apr
- **Prevention and Relationship Enhancement (PREP)** 8 Mar  
**Workshop, ACSC, 0900-1500 (POC: 531-1938)**
- **Installation Volunteer Awards Ceremony** 9 Apr  
**WCAC, 1800-2030 (POC: 531-2840)**



# Military Saves Week 2014



**25 February – 28 February**  
**All Classes 0900 - 1100**

**Buying or Refinancing A Home**

**25 FEB 2014**

*AFI Mortgage*

**Buying a Vehicle**

**That Meet Your Needs**

**26 FEB 2014**

*Sabine State Bank*

Classes are  
at the  
Army  
Community  
Service  
Center,  
BLDG 920

**The Army Community Service,  
Financial Readiness Program  
has partnered with  
Barksdale Federal Credit Union,  
Sabine State Bank and  
AFI Mortgage to provide  
FREE trainings**



Classes are at  
the Family  
Readiness  
Center  
(FRC),  
BLDG 924

**Budgeting Class**  
**27 FEB 2014**

*Barksdale Federal Credit Union*

**Couponing 101**  
**28 FEB 2014**

**Pre-registration is required!**  
**For more information or to register,**  
**please call 531-1957/1958.**





# AER CAMPAIGN

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- **1 March – 15 May**
- **6 & 20 Feb - Key Worker Training, ACS Family Readiness Center, Bldg 924**
- **27 Feb, 0800 - AER Kick-Off Breakfast, 1<sup>ST</sup> MEB Dining Facility**
  - **For Brigade/Battalion Commanders, their Command Sergeants Major, staff, campaign Key Workers**
  - **Keynote speaker from AER HQ**



# DFMWR UPCOMING EVENTS



|   |                     |
|---|---------------------|
| • CG Golf Scramble (WHGC, 1130)                                       | 7 Feb, 7 Mar, 4 Apr |
| • King of the Hill Bowling Tournament (Strike Zone, 1000)             | 8 Feb               |
| • Intramural - Valentine's Day 5K Buddy Run (Wheelock, 0630)          | 14 Feb              |
| • Valentine's Wine Tasting & Dinner (WCAC, 1700-2000)                 | 14 Feb              |
| • Sweethearts Candlelight Dinner in the Park (ALRS, 1630)             | 14 Feb              |
| • Valentine's Love to Golf Couples Class & Scramble (WHGC, 1100)      | 15 Feb              |
| • Valentine's Day Tournament (Klubs & Karts, 1100)                    | 15 Feb              |
| • Crazy 80s Night (Spare Time Lounge, 2100-0100)                      | 15 Feb              |
| • Intramural - 9-Game Scratch Bowling Tournament (Strike Zone, 1100)  | 18 Feb              |
| • Mulligan's Mardi Gras Party (1900-2400)                             | 28 Feb              |
| • Intramural – 2-Person Golf Scramble (WHGC, 1300)                    | 28 Feb              |
| • Nonappropriated Fund Auction (Bldg 3218, South Fort, 1500)          | 1 Mar               |
| • Bass Tournament (Toledo Bend Rec Site, Safelight-1500)              | 1 Mar, 5 Apr        |
| • Intramural – Laser Tag Tournament (1400 Block Athletic Field, 1800) | 3 Mar               |
| • Intramural – Army 10-Miler Qualifiers (Hospital Trail, 0630)        | 6 & 27 Mar          |
| • Callaway Golf Demo Day (WHGC, 0900-1200)                            | 7 Mar               |
| • Country & Western Night (Spare Time Lounge, 2100-0100)              | 8 Mar               |
| • Intramural – Ultimate Frisbee Tournament (1400 Block, 1730)         | 17 Mar              |
| • Intramural – 25-Mile Bike Race (TASC/LA Ave, 0630)                  | 20 Mar              |
| • Block Party (1400 block, 1600-2100)                                 | 21 Mar              |
| • 5K Color Fun Run & Block Party (1400 Block, 0800-1400)              | 26 Apr              |
| • Warrior Fest (1400 Block, 1600-2100)                                | 2 May               |



# BOSS UPCOMING EVENTS\*



- |  |            |
|--|------------|
| • Karaoke! (1900-2200)   | Wednesdays |
| • Cornhole Tournament (1500)   | 8 Feb      |
| • Texas Hold'em Tournament (1200)  | 22 Feb     |
| • Trip to Classic Car & College Cheerleader Parade<br>(Alexandria, 1330) | 28 Feb     |

\*Unless otherwise noted, all events will be held at, and trips will depart from the Home of Heroes Soldiers Rec Center

POC: Shelby Waryas/(337)531-1860/ shelly.r.waryas.naf@mail.mil

**BOSS**  
Better Opportunities  
for Single Soldiers



# SCHOOL SUPPORT SERVICES

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- **ACS / SAT Prep**
  - Free software – <http://www.eknowledge.com/military.asp>
  - Tutoring – <http://www.tutor.com/military>
- **Scholarship Resources**
  - 2014 Military Children's Scholarship Handbook – <http://militaryhandbooks.com/view-military-handbooks/2014-childrens-scholarship-handbook/>
  - Louisiana Taylor Opportunity Program for Students (TOPS) <http://www.osfa.state.la.us/schgrt6.htm>
  - Fort Polk Spouses Club Combined Community Scholarship <http://www.fortpolkspousesclub.com/wp-content/uploads/2013/01/FPSC-2014-Scholarship-Application-.pdf>
- **Financial Aid Resources**
  - Louisiana Office of Student Financial Assistance (LOFSA) Louisiana Connect - <http://www.osfa.state.la.us/landing/LAConnect.htm>
  - Free Application for Federal Student Aid (FAFSA): <https://fafsa.ed.gov/>
- **School Support Services - <http://fortpolkcyss.com/home>**



# LEISURE TRAVEL SERVICE

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- **Location - Allen Memorial Library  
7460 Colorado Ave, Building 660**
- **Hours of Operation - Monday-Friday 1000-1700**
- **Melrose Plantation Tour – 12 Feb 14, \$20.00 per person**
- **Amusement Park Tickets for 2014 season Six Flags, Schlitterbahn and Moody Gardens Available Mid Month**
- **Waves of Honor - Extended through December 2014**



# PAO UPCOMING EVENTS

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- **Classic Cars, College Cheerleaders' Parade** **28 Feb**  
**4:30 p.m., downtown Alex**
- **Children's Parade – Downtown Alex, 1000** **1 Mar**
- **Leesville Mardi Gras Parade, 1400** **1 Mar**
- **20<sup>th</sup> Annual Krewes Parade – Alex, 1400** **2 Mar**
- **Bloomin' on the Bricks - Natchitoches** **22 Mar**  
**River front, music, food, children's activities**
- **Jazz and R&B Fest – Natchitoches** **4-5 April**  
**[www.natchjazzfest.com](http://www.natchjazzfest.com)**

Event updates distro; email **[usarmy.polk.imcom.mbx.pao-mr@mail.mil](mailto:usarmy.polk.imcom.mbx.pao-mr@mail.mil)**



# GARRISON CHAPLAIN

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## New Protestant Service Times

- ***Protestant Liturgical Services***, Sundays, 0900 at Glory Chapel
- ***Chapel Next*** Contemporary Protestant Service, Sundays, 1000, Bldg 701, CDC
- ***Gospel Service***, Sundays, 1030, Glory Chapel
- ***Protestant Service***, Sundays, 1100, MPC
- **National Prayer Breakfast, WCAC, Wednesday, 19 Feb 14, 0700**  
**Guest Speaker—FORSCOM Chaplain**



# **DPW RECYCLING / ENERGY CONSERVATION**

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- **Drop off your recyclable items at Bldg 3622, the JRTC & Fort Polk Recycling Center**
- **To request a presentation on Net Zero Waste or Recycling call (337)531-6008 or visit us on the JRTC & Fort Polk home page**
- **Curbside recycled paper program begins 25 Nov 2013 - Directors and CDRs will be provided with bins to place within their footprint**
- **To request a presentation on Energy Conservation call (337)531-4756**
- **Find out about the Fort Polk Pledge and ways you can conserve energy this holiday season at [www.fortpolkenenergy.com](http://www.fortpolkenenergy.com)**

**Take Action! Take the Pledge!**



# DHR UPCOMING EVENTS

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- **JOB FAIR - 19 February, 1000 – 1300, ACAP Center, Bldg 4275**



# STAFF JUDGE ADVOCATE

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- **The Fort Polk Tax Assistance Center – Open through 15 April**
- **Location -1881 Alabama Avenue, Building 2502**
- **Hours - Monday – Friday, 0900-1600  
Saturdays by appointment**
- **Things you may need to file:**
  - **W-2s**
  - **1099s**
  - **Last year's tax return**
  - **Social Security Card**
  - **Bank information**
- **Telephone – (337) 531-1040**



# MEDDAC



## BAYNE-JONES ARMY COMMUNITY HOSPITAL

### Secure Messaging

- Stay connected with your BJACH healthcare team via RelayHealth's new secure email service. Connect to your PCM and Specialty Provider. Email your provider and get a response within 24 hours. Easy login access via BJACH website homepage, TRICARE Online or <https://app.relayhealth.com>

### Walk-in Flu Shots

- A walk-in flu shots are available at BJACH's Immunization Clinic, 2<sup>nd</sup> floor Monday- Friday, 0800-1600, for as long as vaccine is available

### Training Day/President's Day Holiday

- BJACH will conduct an in-house training day for staff 14 Feb. All clinics, will be closed. The lab and Radiology will be open for ER support only. ER and wards are open. The Outpatient Pharmacy will be open 0800-1800
- President's Day Holiday – 15-17 Feb, all clinics, lab, dining facility and Outpatient Pharmacy will be closed 15-17 Feb. The ER and wards are open 24/7



# DENTAC



- **Children's Dental Health Month**
  - 13 Feb** – North Polk.
  - 20 Feb** – South Polk Elementary
  - 26 Feb** – Child Development Center (CDC), Bldg 1450 (Bldg 701, TBA)  
Doctors will go out to the schools and talk to kids about maintaining good oral hygiene habits.
- **14 Feb** – Training Holiday. Shira Dental Clinic will be open from 0730-1530 for sick call and selected appointment availability.
- **21 Feb** – CYS Interactive Health Fair will be at the Siegfried Youth Center. Toothbrushes, floss, mouth mirrors, etc. will be handed out.
- **26 Feb** – DENCOM will have a training half day stand down, 1230-1615. Clinics will be open for sick call/emergencies only. No exams will be seen in the afternoon.
- **Go First Class** - Dental Appointments for Soldiers. A limited number of Soldier appointments are being made for dental exam and cleaning in a single visit at Shira, Chesser, and DC#3 Dental Clinics. Annual exams are due every 15 months.
- **Signing out from your clinic** - All Soldiers must sign out from their dental clinic. If they are PCSing, they will be given their record in a sealed envelope. If they are ETSing or retiring, they can request a copy of their records. Three days advance notice is required for request.



# EXCHANGE



**Express 1, Bldg. 5498 Hours of Operation: Sun-Sat 0400-0100**

New hours of operation effective 15 February

## **Valentine's Day Gift Baskets**

**07-14 FEB**

Available at Fort Polk Main Exchange & Class VI

## **Pet Adoption Event**

**13 FEB**

Fort Polk Main Exchange from 1000-1500. Sponsored by Fort Polk Vet Clinic

## **Great American Cookie**

**13-14 FEB**

Available at Fort Polk Main Exchange Mall from 0900-1800

## **Valentine's Day Wine Fest**

**14 FEB**

WCAC from 1700-2000. Wine tasting and dinner. Tickets available at WCAC





# DeCA



- **New Store Construction is on schedule:  
79% of construction time has been completed.**
- **Store Formal Inventory will be 11 February**
- **Valentine's Day candy is located in the Sales Floor Extension.**
- **Applications for the 2014 Scholarships for Military Children Program are available at the Fort Polk Commissary or at [www.commissaries.com](http://www.commissaries.com) or <http://www.militaryscholar.org>.**
  - ❖ **Applications must be turned in to a commissary by close of business 28 February**



# CORVIAS MILITARY LIVING

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- **New 2014 Projects**
  - 101 new homes – Dogwood Terrace
  - Dog Park – Camellia Terrace
  
- **Office Closures**
  - Employee Appreciation Event (1400-1700) 7 Mar 14
  
- **Resident Events**
  - Spring into Fun 1 Apr 14
  - Purple Up 15 Apr 14



# FORT POLK SPOUSES CLUB



## 2013-2014



- Membership for half the cost
- Annual Flamingo Flock Fundraiser
- Blast to the Past/ Luncheon
- February 20, 2014 (1980's)
- 2<sup>nd</sup> Annual 5K Run for the Mon



- <https://www.facebook.com/FortPolkSpousesClub>
- [www.fortpolkspousesclub.com](http://www.fortpolkspousesclub.com)



## THRIFT SHOP



|                           |                                 |                  |
|---------------------------|---------------------------------|------------------|
| <b>Hours of Operation</b> | <b>Tuesdays &amp; Thursdays</b> | <b>0930-1630</b> |
|                           | <b>1st Saturday</b>             | <b>0930-1330</b> |
|                           | <b>3rd Wednesday</b>            | <b>0930-1400</b> |
| <b>Consignments</b>       | <b>Thursdays</b>                | <b>0930-1530</b> |

**Location: At the end of Alabama near the Tax Center**

**CASH ONLY!!**

**POC: Edie Dougherty, (337) 404-3724**

## LAYETTE PROGRAM

**Provides "Welcome Baby Gifts" to infants delivered at BJACH to E4 and below**

**Donations of new or gently used items are needed - infant sleepers/pajamas, receiving blankets, newborn-6 month clothing, socks, newborn caps, bibs, and onsies. Collection boxes are located at the Main Post Chapel, Boy Scout Hut, and BJACH (2nd floor)**

**POC: Debra Ramke (337) 501-4720**



# RED CROSS



## What We Do:

- ❖ Emergency Communications
- ❖ Disaster Emergency Briefings
- ❖ Dental Assistant Training
- ❖ Summer Youth Program
- ❖ Volunteer Services (*BJACH, DENTAC, VETCOM*)

**Wanted: Leadership Volunteers!**

## Upcoming Events:

- ❖ CPR Classes (*Monthly*)
- ❖ Volunteer Orientation (*Monthly*)
- ❖ Fundraising



**Help us support our  
local volunteer program  
by donating**

## Suicide Prevention

If a service member is threatening to harm him/herself, Red Cross can provide immediate location & intervention regardless where the person is serving

**24/7 Emergency Line**  
**1-877-272-7337**

## Contact Us

SFAC, Bldg. 220 (337) 531 - 4783  
BJACH, 7<sup>th</sup> floor (337) 531 - 3765  
Facebook - Fort Polk Red Cross



# CUB SCOUTS / BOY SCOUTS

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- **CUB SCOUT PACK 72**

- Boys ages 7-11 years
- Cubmaster – (337) 404-3724
- Den meetings twice monthly and pack meetings last Monday of the month
- Upcoming events
  - 22 Feb – Crossover for Webelos 2
  - 22 Mar – Pinewood Derby

- **BOY SCOUT TROOP 124**

- Boys ages 11-18 years
- Scoutmaster – (337) 353-7832
- Meetings Tuesday nights, 1800, Main Post Chapel
- Upcoming events
  - 8 Feb – Outing with Webelos 2
  - 15 Feb – Merit Badge University at the University of Texas at Austin
  - 22 Feb – Crossover for Webelos 2



**LEESVILLE / VERNON PARISH**



# **Vernon Parish Chamber of Commerce**

**2014**



**PARADE**

**1 March 2014**

**1400**

**3<sup>rd</sup> Street, Historic Downtown Leesville**



**\$20 Fee to enter a submission in  
the parade**

**For information call  
(337) 238-0349**



# LEESVILLE MAIN STREET



## Leesville's "Dicky Berry" Gumbo Cookoff 1 March 2014



LEESVILLE  
MAIN STREET

3 Categories of Gumbo – Chicken/Sausage • Seafood • Wild Game

Prizes - \$1,000 first prize in each category

Entry Fee - \$30 per category

Make  
**VERNON  
PARISH**  
your passion!

For more information & entry forms contact  
**LEESVILLE MAIN STREET**  
[mainstreetleesville.org](http://mainstreetleesville.org)  
[preservationist2006@yahoo.com](mailto:preservationist2006@yahoo.com)  
(337) 239-2444, ext 9



# ALEXANDRIA / PINEVILLE



## Central Louisiana Outdoor Adventure Festival

**1 Month  
1 Festival  
Over 30 Adventures  
Every weekend in March**



## Mardi Gras

### Friday, February 28, 2014

- Hixon Autoplex Classic Cars & College Cheerleaders Parade

- Taste of Mardi Gras

### Saturday, March 1, 2014

- Annual Children's Parade
- King Cake Party

### Sunday, March 2, 2014

- YWCA Mardi Gras Madness 5K
- Annual Krewe Parade with military viewing area in Sears parking lot-id's required

## Civil War Battle Re-Enactment and Events

### Thursday, March 6, 2014

- *A Taste of Old South Symposium*

### Friday, March 7, 2014

- Life on the Battlefield - school groups welcome
- *The Red River Campaign Symposium*

### Saturday, March 8, 2014

- Camp Life Tours
- Battle Re-Enactment
- How a Priest Saved His Church

### Sunday, March 9, 2014

- Community Church Service
- Baseball Game & Battle Re-Enactment



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**The next**

**Command Information Fair**

**will be held**

**7 May 14, 0900**

**Warrior Community Activity Center**